

Nutrition Futures 2019: Programme Template

Welcome dinner or drinks on the evening before the conference

Day one			
09:00	Registration and refreshments		
10:00	Welcome <i>Local Organiser and Student Committee</i>		
10:15-11:20	Plenary Lecture 1. Local University Information		
11:20	Refreshments		
12:00	<table border="1"> <tr> <td>Plenary Lecture 1 Suggested Theme: Sports Nutrition</td> <td>Plenary Lecture 2 Suggested Theme: Public Health Nutrition Cost effective-sustainable nutrition-finance, environment, nutrition policy</td> </tr> </table>	Plenary Lecture 1 Suggested Theme: Sports Nutrition	Plenary Lecture 2 Suggested Theme: Public Health Nutrition Cost effective-sustainable nutrition-finance, environment, nutrition policy
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12:45 13.45	Lunch		
13:45 14:45	<table border="1"> <tr> <td>Original Communications Lightening Session 1 (5 mins for presentation, 2 mins for questions)</td> <td>Original Communications Lightening Session 2</td> </tr> </table>	Original Communications Lightening Session 1 (5 mins for presentation, 2 mins for questions)	Original Communications Lightening Session 2
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14:45	NS Student Section past and future, Internship, grants and awards in Nutrition Society NS Student Ambassador recruitment		
15.00	Refreshment		
15:30	<table border="1"> <tr> <td>Plenary Lecture 3 Suggested Theme: Cellular Nutrition Speech about bioavailability</td> <td>Plenary Lecture 4 Suggested Theme: Digital/ Modern Nutrition Devices, apps, modernized/ digital nutrition for personalised nutrition</td> </tr> </table>	Plenary Lecture 3 Suggested Theme: Cellular Nutrition Speech about bioavailability	Plenary Lecture 4 Suggested Theme: Digital/ Modern Nutrition Devices, apps, modernized/ digital nutrition for personalised nutrition
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16:00 17:00	<table border="1"> <tr> <td>Original Communications Lightening Session 3</td> <td>Original Communications Lightening Session 4</td> </tr> </table>	Original Communications Lightening Session 3	Original Communications Lightening Session 4
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17:00 17:45	Networking Opportunity with Plenary Speakers		
17:45 18:00	Day One Closing Remarks		
18:00	Close of the day		
19:00	Student mixer <i>Pub events – drink quiz, games, food</i>		

Day Two	
07:30 8:45	5K city run or Pilates at the conference
09:00- 10:00	Registration and refreshment
10:00- 10:45	Career Panel NHS - <i>Health improvement practitioner, Dietetics assistant</i> Sports Nutrition - Graduate schemes - <i>Danone, Yakult, Biokult</i> Charity - <i>Diabetes UK, Cancer Research, British Heart Foundation, Save The Children</i> Academia and research - <i>Student internships, Research opportunities</i> Student experience – <i>how to get extracurricular experience on your CV</i>
10:45- 11:30	Networking Opportunity with Career Panellists
12:45	Lunch
13:30 14:15	Scientific Publishing Workshop
14:15 15:30	Public Speaking Workshop
15:40 16:00	Closing Remarks
16:00	Close of Conference