

2018 Summer Studentships

Overall winner of the 2018 Summer Studentships:

Aaron Simpson, Leeds Beckett University

Project title: A comparison of the metabolic responses to galactose versus fructose co-ingestion with a high-fat meal

Lara Barnett, University of Chichester

Project title: The effects of New Zealand Blackcurrant supplementation on postprandial metabolism and fat oxidation during exercise performed following breakfast or breakfast omission.

Danielle McCullagh, Ulster University Coleraine

Project title: The effect of dietary fibre (DF) extract from seaweed on post-prandial glucose absorption and satiety.

Claire Seall, University of Bedfordshire

Project title: The effects of breakfast consumption versus omission on physical activity energy expenditure in adolescent girls over a seven-day period.

Iman Khwaja, St Mary's University, Twickenham

Project title: The effect of blackberry polyphenols on postprandial glucose and insulin response after a high-carbohydrate meal in healthy men and women.

Drusus Johnson-Bonson, University of Bath

Project title: The effect of divergent 24h meal patterns on the metabolism.

Liam Oliver, Sheffield Hallam University

Project title: A pilot study to explore the effects of genetic polymorphisms on the ability of caffeine to improve 10-mile time trial performance in male cyclists.

Lindsay Hodgson, Edge Hill University

Project title: Does Polyphenol-rich dark Chocolate Influence Mood and Biomarkers of Stress in Occupational Health?

Luke Solomi, University of Plymouth

Project title: The effects of non-nutritive sweeteners aspartame and acesulfame potassium on the post-prandial glycaemic response following a glucose load.

Alexandra Williams, University of Brighton

Project title: A randomised cross-over trial to investigate the effects of different oral glucose tolerance test protocols

Cathrine Baungaard, Liverpool John Moores University

Project title: Low density lipoprotein cholesterol is discordant with apolipoprotein B in an American population: is there any relationship with nutrition?.

Sebastien Shiva Chohan, St Mary's University, Twickenham

*Project Title: A comparative assessment on the antioxidant activity of the common sunflower (*Helianthus annuus*) at different growth stages as a seed, sprout and microgreen.*

Pinelopi Alexandropoulou, University of Nottingham

Project title: Impact of maternal vitamin D deficiency on adipogenesis in offspring

Matthew Jaconelli, The University of Stirling

Project title: The effects of Omega -3 fatty acid supplementation on extracellular matrix remodelling in skeletal muscle during a weight loss protocol.

Dermot Liddy, Ulster University

Project title: Changes in eating behaviour and meal pattern following gastric bypass surgery