Directions to Student Authors

Student Original Communications (OCs) offer student members the opportunity to present results of recent research at Nutrition Society Student Conference.

Examples of abstracts can be found at the end of this document. Please refer to these as a guideline.

Submission

Abstracts of your Original Communication must be submitted online from the website and your article must follow the instructions to authors outlined below.

Acceptance and rejection of OCs

The abstract of your Original Communication will be examined by the Student Body before being accepted for presentation at the conference. Although the panel do their up most to accept as many abstracts as possible, you may be asked to revise your abstract with guided feedback to do so. If you are asked to re-submit your abstract you will be given a period of time in which to do so and consult your university supervisor.

On acceptance of an abstract the reviewing panel will produce a running order in which you will be allocated a lightning, poster or oral presentation. Guidelines of what to produce will be circulated following your acceptance.

Guidelines

Differently to the OCs presented at other Nutrition Society conferences, the Student Conference is unique in the way that it accepts abstract proposals, as well as abstracts of completed work.

If you are submitting a proposal your abstract should clearly state:

- **Aims and objectives**- sufficient introduction (including references) to allow the nutritional context to be assessed.
- **Method**- Clearly outline the methodology you will use (reference supported)
- **Hypothesis**- What do you expect the outcome of the study to be? Expected Results.

If you are submitting an abstract based on a complete study your abstract should clearly state:

- **Aims and objectives** – sufficient introduction (including references) to allow the nutritional context to be assessed.
- **Method**- Clearly outline the methodology (reference supported)
- **Results**- Show the data obtained
- **Conclusion** – was your hypothesis met?

Please read the following checklist to support your abstract submission:

1. Objectives/conclusions/methodology
2. Supported with references
3. Present results clearly
4. Ethical
5. Clearly displayed and flows accordingly
6. Follow instructions to authors

Instructions to authors for preparation of abstracts

Size: The text and any figures or tables must be within an image area with the following margins: Right: 2.54 cm; Left: 2.54 cm. The Top and Bottom margins are flexible, but the abstract must fit on one sheet of A4 paper. Tables and figures should fit within the right and left margins as indicated above. Original communications exceeding these dimensions will be rejected.

Typeface: The font or typeface should be Times New Roman 12 point. Within tables and the reference list the same typestyle should be used but the pitch should be reduced to 10 point.

Title: Type in bold type, beginning in the first space on line 1. Use an initial capital letter only for the first word and for proper nouns. Generally, abbreviations should not be used in the title.

Authors: Do not leave a blank line between the title and the authors’ names. The authors’ names should be preceded by the word ‘By’. Type authors’ names using lower case except for initial letters of surnames, giving each author’s initials in capitals before the surname. Separate names with commas, except for the last name, which should be preceded by the word ‘and’. Terminate the author list with a comma.

Addresses: Leave one character space between the authors’ names and the addresses. Type addresses in italics; use lower case except for initial letters of words. If there is more than one name and address they should be related by superscript numbers; do not place addresses between the names in a list of authors. State the postcode if UK; state the country if not UK.

Text: The text should start at character space 1 on the first line. Subsequent paragraphs should be indented (about 5 mm). Do not leave blank lines between paragraphs. Text should be fully justified (right and left). Do not use subheadings such as Methods, Results and Conclusions in abstracts.

References: References should be presented in the Vancouver style. Within the text, citations should be numbered consecutively in the order in which they first appear in the text using superscript Arabic numerals in parentheses. If a reference is cited more than once the same number should be used each time. The references should be listed in numerical order at the end of the text. The name of the journal should be abbreviated.

Tables: Tables must be prepared in true table format (i.e. without the use of tabs or spaces to align the columns) and must be aligned in the text in an upright orientation, not sideways. It is not necessary to give titles to tables. Tables should be comprehensible from the text of the abstracts, the column heading and the legend. SI units must be clearly indicated for all variables, preferably as part of the column heading. The table should be separated from the text by single horizontal lines at the top and bottom. The column headings should be separated from values by a single line. Otherwise, tables should not be subdivided by lines. Separate columns should be used for measures of variance (SD, SE etc.), the ± sign should not be used.

Statistics: It is not necessary to give a detailed account of any statistical methods, but some indication should be given of the variability of replicated results and significance of any
stated differences. Significantly different means in tables should be distinguished by different superscript letters. In tables, give SD or SE as separate columns; do not use ± with SD or SE in either tables or text.

**Figures:** Figures must be in position within the text box. They will not be relettered, redrawn or reproduced separate from the text. They should be in grayscale, colour cannot be used. Examples of abstracts in the correct format are at the end of this document.