

## **2016 Summer Studentships**

### **Overall winner:**

**Elisabeth Cresta, King's College London**

*Title of Project: Inflammatory Bowel Disease and Additive Emulsifiers*

Overall winner of the best 2016 Summer Studentship Project

### **Cindi Bei, University of Reading**

*Title of Project: Interactions between TCF7L2 and MC4R gene variants with dietary factors on Type 2 Diabetes-related factors in the British population*

### **Johanna Bolinder, St Marys University, London**

*Title of Project: A pilot study to determine the effectiveness the Change 4 Life Sugar Smart App (SSA) has on influencing sugar consumption and further investigating the affect the App has on motivating healthier eating habits in healthy adults*

### **Caroline Day, King's College London**

*Title of Project: The effect of delivering dietary nitrate via different food matrices on blood pressure in normotensive volunteers*

### **Dove Yu, Newcastle University**

*Title of Project: Estimating the dietary intake of "free sugars" in the teenage population in the United Kingdom*

### **Lauren Sandiford, University of Nottingham**

*Title of project: Investigation of Factors Influencing Iodine Content of Cows Milk*

### **Toni Spence, University of Ulster**

*Title of Project: The relationship between the immune response in pregnancy, birth outcome and polyunsaturated fatty acids (PUFA)*

### **Hanna Walsh, University of Helsinki**

*Title of Project: Glycaemic response and satiety after consumption of gluten-free bread containing buckwheat*