

Keynote Speakers

1. **Norah Campbell.**

Norah Campbell is an Associate Professor of Marketing in Trinity Business School and a Fellow of Trinity College Dublin.

Her research is in the commercial determinants of health: identifying and measuring the ways business activities - supply chain, taxation, lobbying, marketing, product design and public relations - can impact the population's health. Her work asks the question of where personal responsibility ends and government or corporate responsibility begins.



2. **Martina Rooney, MSc, PhD, RD**

Research Programme and Grants Manager

Co-Centre for Sustainable Food Systems

University College Dublin

Dr Martina Rooney is the Research Programme and Grants Manager at the Co-Centre for Sustainable Food Systems, based at University College Dublin. In addition to project management, she is involved in impact, engagement and policy and continues her nutrition research investigating the impact of dairy on human and planetary health. Prior to this, Martina

worked as a Research Scientist for Food for Health Ireland, and lectured at several universities across Ireland and the UK, and has received awards for her research and teaching.

Martina is a committee member of the Early Career Member Section of the Nutrition Society which enables her to get involved in opportunities to help early-career nutritionists to develop, grow and thrive. As communications lead, she co-manages the Nutrition Society Publications Linked In and X profiles.

Martina holds a first-class honours degree in Nutritional Sciences from University College Cork, a Masters in Dietetics from Queen Margaret University and a PhD in B vitamins, *MTHFR* genotype and vascular health from Ulster University.

3. **Julie Dowsett RD MSc**

FINDI Dip Exec Coaching (AoEC)

Julie is a Registered Dietitian with a BSc and MSc in Human Nutrition and Dietetics and is a Fellow of the Irish Nutrition and Dietetic Institute. She works in the School of Agriculture and Food Science at UCD as Programme Director for Professional Development programmes for postdocs and high potential managers in the food sector. With qualifications in Leadership and Management, Executive Coaching, Entrepreneurial Education, and University Teaching and Learning. Julie designs, develops and delivers specialist teaching to different cohorts in the agri-food sector to support them in achieving their individual career ambitions.



Career Panellists

1. Daniel Davey MSc, BSc, IOC Dip.

Performance Nutritionist | Performance Coach | Best-Selling Author

Daniel Davey is a leading performance nutritionist, 2-time best-selling author and director of performance, known for his work with elite athletes across multiple sports. Over the past decade, he has played a pivotal role in shaping the performance nutrition and lifestyle strategies for two of Ireland's greatest ever sports teams, the [Dublin Senior Football Team](#) and [Leinster Rugby](#). His expertise extends to professional athletes in golf, hockey, athletics, motorsport, and cycling.

Daniel believes that true high performance is built on connection, leadership, confidence, consistency, simplicity, and enjoyment. His approach is rooted in science but is deeply practical, ensuring that high performers can apply evidence-based strategies in their everyday lives.

Daniel's approach bridges the gap between science and practice, ensuring that his clients not only know what to do but feel empowered to take action and make lasting changes.



2. Dr Aoife Murtagh

Dr Aoife Murtagh is a Postdoctoral Research Fellow at the UCD Institute of Food and Health within the School of Agriculture and Food Science. She is currently working on the National Pre-School Nutrition Survey II, contributing to research that informs nutrition policy and practice for early childhood populations in Ireland.

Aoife completed both her BSc and PhD at Technological University of the Shannon (TUS), Athlone. She is a Registered Associate Nutritionist (ANutr) with the Association for Nutrition.

She is an active member of several professional organisations, including the Nutrition Society, the Association for the Study of Obesity on the Island of Ireland (ASOI), and the Irish Society for Clinical Nutrition and Metabolism (IrSPEN).

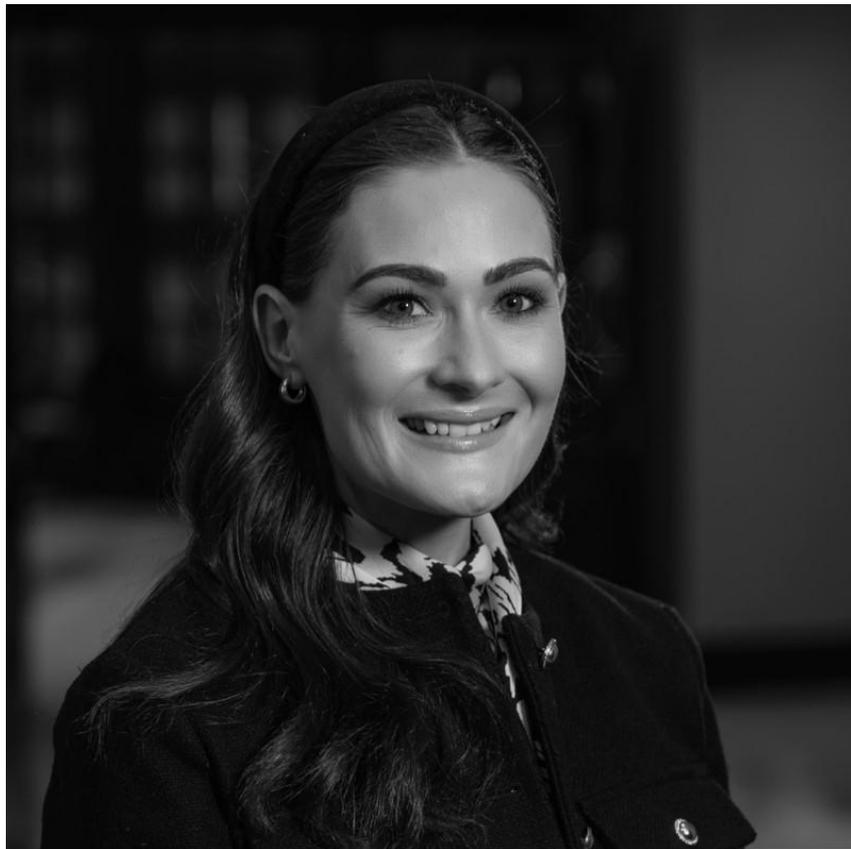
Her research interests include population nutrition, disease-related malnutrition, and obesity prevention and management.



3. Dr. Caroline Donovan

Caroline is a CORU-registered dietitian with over a decade of experience spanning clinical practice, public health, and academia. As Aramark's Senior Dietitian, she leads the company's health and wellbeing programme, ensuring nutritious, high-quality food offerings for clients and customers across Ireland in over 300 sites. She is one of Ireland's few food service dietitians, providing dietetic guidance from a food service perspective to the many healthcare sites catered for by Aramark.

In 2024, Caroline earned her PhD in Human Nutrition from UCD, focusing on the determinants of obesity in Ireland. Caroline has been a longstanding Nutrition Society member; she sits on the Executive Council of the Irish Nutrition and Dietetic Institute and is also a committee member of the Association for the Study of Obesity in Ireland.



4. Lorraine Cooney

Lorraine Cooney has worked in the area of nutrition and dietetics for over 20 years, including roles in hospital and private practice, as well as pharmaceutical, commercial and research settings. She specialises in gastroenterology, with a particular focus on IBS and disorders of gut-brain interaction. She supports adults with complex gastrointestinal symptoms, combining evidence-based dietary strategies with behavioural approaches. Lorraine has a strong interest in translating research into real-world clinical care and regularly contributes to professional education and mentoring within nutrition and dietetics.



5. Marina Ferrari PhD, RD, IBCLC

Marina is a Registered Dietitian, International Board Certified Lactation Consultant, and public health nutrition researcher with international experience, specialising in mental health and maternal and child nutrition. She holds a BSc in Human Nutrition and Dietetics, a Postgraduate Diploma in Maternal and Child Nutrition, and a PhD in Public Health Nutrition from Queen's University Belfast.

With experience in hospital and community settings, including a two-year residency program for allied health professions in Brazil, she currently provides private nutrition and lactation care to families with infants and young children on the Island of Ireland alongside part-time research roles. Her approach is grounded in evidence-based practice, bridging public health research and compassionate, practical care.

